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Survey finds school principals stressed and over-worked

STRESSED, bullied, physically attacked and over-worked.

It sounds like a nightmarish playground, but according to the Australian Principal Health and Wellbeing Survey conducted by Mo-

nash University, these are issues faced by school principals daily.

Former Clinton State School principal Yvette Luckock acknowledged the demanding nature of the job, but said it could also be

a rewarding profession.

“It’s like any job; you have your good days and some days where you could just walk away,” Ms Luckock said. “But those that are really passionate about the job find they have a lot more

good days than bad.”

The survey found over a quarter of principals worked more than 61 hours a week, and 80% worked more than 46 hours.



Ex-principal Yvette Luckock